

Patient Health Questionnaire

IMPORTANT: Please send this completed form to the Hospital where you will have your procedure/surgery.

The hospital needs to receive all three forms at least one week prior to your admission. We also need any recent specialist letters. You can hand deliver, fax, photograph or scan (legibly) and email, or post the forms. If you post the forms, please allow for 1-2 extra weeks for delivery.

Please complete this questionnaire carefully as the information you supply helps us to provide you with the best and safest possible care during your stay at our hospital. The questionnaire has four sections:

- A Your general health
- **B** In preparation for your hospital admission
- **c** In preparation for your procedure
- P Your current medicines

Surname (family name):		
First name (s):	Hospital Administration only (Patient label)	
To support your ongoing care, your discharge information will be sent to your nominated GP. If you do NOT want this, please tick	Surgeon	

All questions in this questionnaire are about the person being treated at the hospital (the patient). If you are filling this out for the patient, only provide information relating to the patient's health.

Section A Your General Health

A1.	MED	ICAL PR	ROCEDURE HEALTH ALERTS	
Doa	ny of th	e follov	ving apply to you?	
Q	Yes	No		If Yes
1			Difficulty climbing more than a flight of stairs	What restricts this activity?
2			Motion sickness	mild/moderate/severe (circle one)
3			Jaw problems (difficulty opening mouth)	Specify:
4			Problems with a previous anaesthetic	Specify:
5			Family history of problems with an anaesthetic	Specify:
6			Pacemaker or heart valve replacement	Specify:
7			Joint implants	Specify:
8			Other implant or prostheses and metalware	Specify:
9			Substance use or dependency	Specify:
10			Former smoker	When did you quit?
11			Currently on smoking cessation treatment	Specify:
12			Current smoker	How many per day?
13			Vaping	How many times per day?
14			Pregnant or possibly pregnant	Approximate due date:
15			Breastfeeding	
16			MedicAlert bracelet or necklace wearer	Specify:

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Surname (family name)	
	Hospital Administration only
First name (s)	(Patient label)
	-

Section A Your General Health (continued)

A2.	Y	OUR N	MEDICAL CONDITIONS
			ntly have, or have you previously had, any of the following conditions?
	•		rcle any applicable options and provide comments in the box below.
Q	Yes	No	
17			Breathing conditions: asthma wheeziness shortness of breath bronchitis croup emphysema COPD
18			Sleeping conditions: sleeplessness severe snoring obstructive sleep apnoea CPAP used
19			Heart conditions: palpitations irregular heart beat heart murmur angina heart attack chest pain congestive heart failure rheumatic fever
20		П	Stroke or Transient Ischaemic Attack (TIA)
21			High blood pressure or blood pressure controlled with medication
22			Blood clots: deep vein thrombosis (DVT) pulmonary embolus (PE)
23			Family history of blood clots
24			Blood or bleeding conditions: anaemic bruising
25			Family history of blood or bleeding conditions
26			Stomach and digestive conditions: indigestion heartburn acid reflux hiatus hernia peptic ulcer
27			Bowel conditions: irritable bowel syndrome constipation bowel disease
28			Liver disease: jaundice hepatitis
29			Kidney conditions
30			Diabetes: type 1 type 2 requiring insulin requiring tablets diet controlled
31			Thyroid conditions
32			Parkinson's disease
33			Epilepsy, seizures, blackouts or fainting
34			Migraines or severe headaches
35			Alzheimers or dementia
36			Mental function conditions: head injury concussion confusion or disorientation
37			Mental health conditions
38			Emotional conditions: anxiety phobia post traumatic stress disorder (PTSD)
39			Arthritis: osteoarthritis rheumatoid other
40			Neck or back conditions
41			Gum or dental health conditions
42			Tuberculosis (TB)
43			HIV or AIDS
44			Infection or treatment for resistant organisms: MRSA ESBL VRE OTHER
45			Cancer If Yes, please specify and provide details of any recent treatment in the Comments box below
46			Other condition(s) not listed above
			If Yes, please specify in the Comments box below
REG	UEST	ΓΙΟΝ	YOUR COMMENT
	21		GP says my blood pressure is slightly high, but am not taking any medicine.
			Example

Surna	ame (†	amily	name)	
Firet	name	(s)		Hospital Administration only (Patient label)
		(3)		(r and recasely
			In Preparation For Your Ho	
B1. Q	YO Yes	UR AI No	LLERGIES, SENSITIVITIES, OR INTOLERANCES	
47	 □		Are you allergic to latex?	
48			Do you have any other allergies, sensitivities If Yes , please specify and describe the reaction using	
			Item	Reaction
Ski	n- ated	1	PlastersExample	RashExample
	dicin ated	e-		
	od- ated			
Otl	her			
	ease a	nswe	NEEDS AND PREFERENCES er these questions to help us to tailor how we do es to any of these questions, we may contact you to dis	
Q		No		If Yes
49			Do you have a disability?	Specify:
50			Do you have difficulty understanding English	? Your preferred language:
51			Do you have any religious or spiritual needs you would like us to know about?	Specify:
52			Do you have any cultural or family needs you would like us to know about?	Specify:
53			Do you have any other special needs you wou like us to know about?	ld Specify:
54			If your procedure requires the removal of bod	y parts, would you like them returned to you if this is possible?
55			Do you have any dietary requirements?	□ vegetarian □ vegan □ diabetic □ gluten free □ halal □ dairy free □ bottle fed □ breast fed

□halal \square other

Specify

56

Do you have any **specific food dislikes?**For allergies or intolerances, refer to question **48**

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First	name	(s)		Hospi	ital Administration only (Patient label)
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Sec	tio	n C	In Preparation For Your Prod	cedure	
C1.			L PROCEDURE HISTORY		
Hei	ght_		metres <u>Weight</u> kilog	grams	
Q	Yes	No			
57			Have you previously had any procedures / operat		
			If Yes, please outline your previous admissions in the ta sheet and attach it to this page		
Pro	cedui	re or	event	Year	Hospital
C2.	Α	VAES	THESIA CONSIDERATIONS		
Q	Yes	No			
58			Have you had an anaesthetic before?	□ general	□ spinal □ epidural □ unsure
59			Do you have any of these dental features?		enture □ lower denture □ crown(s)/cap(s) late □ loose or chipped teeth
60			Do you drink alcohol ?	How much:	?
C 3.			NAL ITEMS		
_			y of these personal items?		
Q	Yes	No	MALES III III III III III III III III III I	If Yes , use this sp	pace to provide details, if needed
61			Mobility aids such as a walking stick or cane?		
62			Glasses or contact lenses		
63			Hearing aids		
C4.	Yes	No	CLOT AND INFECTION CONSIDERATIONS		
64		П	Have you completed the pre-admission risk asses	ssment in the Blo o	od Clots and YOU brochure?
65			Have you recently been on a long distance flight		
66			If your operation is within the next 3 days: Have yo diarrhoea?	ou had, or been in	contact with anyone who has had vomiting or
67			If your operation is within the next 7 days: Have yo anyone diagnosed with influenza?	ou experienced flu	u-like symptoms, or been in contact with
68			If your operation is within the next 4 weeks: Have	you had a head co	old, throat or chest infection, or bronchitis?
69			In the past 12 months, have you travelled overse If Yes , please specify the country:	as?	
70			In the past 12 months, have you been a patient or e	mployee in a hosp	
71			Do you have any boils, cuts, sores, scratches or		
72			If Yes , specify: Do you have (or have you recently had) a urine in	fection?	
			If Yes , specify:		
C5.	Yes	THER No	CONCERNS		
73	162		Is there anything we need to know that you prefer	not to write on thi	is questionnaire?
74			If Yes , please discuss with your nurse or medical special Do you have anxieties, concerns, or questions you	list when you arrive o	at the hospital
/4	Ш	Ш	If Yes , who would you like to speak with?	u wish to discuss t □ your surgeon	□ your anaesthetist

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□ a nurse

 \square one of our admin. staff

First name (s)

Hospital Administration only

(Patient label)

Section D Your Current Medicines

For your safety, it is extremely important that your doctor and nurses know precisely which medicines you are currently using.

Important instructions.

- 1. List below <u>all</u> medicines you currently use, and bring them with you to the hospital in their <u>original containers</u>.
- If you are taking any blood thinning medication or supplements, check with your surgeon if these need to be stopped prior to your admission.
- 3. If you have a medication card or printout from your GP or pharmacist, please bring it with you to the hospital, as well as completing the list below.

MEDICINE REMINDERS Which of the examples below apply to you?									
There are mai types of medic			es come in forms	Medicines are taken for many common conditions					
prescription medicines herbal medicines natural medicines homeopathic medicines over-the-counter medicines	vitamins supplements contraceptives steroids	tablets capsules inhalers drops syrups	patches suppositories creams injections other liquids	heart disease high blood pressure blood thinning dietary deficiencies emotional conditions	infections diabetes sleeplessness epilepsy				

D1. YOUR CURRENT MEDICINES			HOSPITAL USE ONLY					
Patient to complete -	Reconciled: Yes (✓) No (x) Not available (NA)							
Name of medicineExample	Strength	How much you use, and when	Medicine container	Medication card	Patient or whānau/ family	Other (state) eg, 'phoned GP'	Comment if No	ON ADMISSION: Date/time last taken
Paracetomol	500mg	2 capsules every 6 hours	-	-	-	-	-	-

Surname (family name)	First name (s)		
		Hospital Admir	nistration only
		(Patien	t label)
		-	

Section D Your Current Medicines (continues)

Continued from reverse.

D1. YOUR CURRENT MEDICINES			HOSPITAL USE ONLY						
Patient to complete -	Patient to complete - list <u>all</u> medicines you currently use.				Reconciled: Yes (✓) No (x) Not available (NA)				
Name of medicine	Strength	How much you use, and when	Medicine container	Medication card	Patient or whānau/ family	Other (state) eg, 'phoned GP'	Comment if No	ON ADMISSION: Date/time last taken	

This is not a prescription or an instruction to administer medicines